



**UNIVERSITY OF  
PLYMOUTH**

**Heather Hunter**

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Invitation to participate in a research study:

**Exploring people with Parkinson's disease views on physical activity**

My name is Heather Hunter and I am an academic at Plymouth University, studying for a Doctorate in Philosophy.

The purpose of this research study is to learn about how people with Parkinson's disease experience physical activity. We are particularly keen to talk to people who do not perceive themselves to be physically active. We would take this to mean that you participate in no more than one physical activity per week. As a guide, by physical activity we mean any exercise (for example, groups or classes), or activity you do in your leisure time, such as, walking, dancing or gardening. Participation is voluntary and you are under no obligation to take part.

Please carefully read the attached participant information sheet which provides more details of the research and how you might be able to get involved. If you have any questions please feel free to contact me or my supervisor Dr Hilary Gunn, using the contact details below or you can fill in and post your contact details to me in the reply paid envelope.

Yours sincerely

A handwritten signature in cursive script that reads "Heather Hunter".

Heather Hunter

Researcher

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Supervisor: Dr Hilary Gunn

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Participant contact details

Name: .....

Address.....

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Phone no (with code) .....